



# Residential Wardens Guide



## For International Students



Student  
Support  
Centre

Residential  
Wardens



# Welcome to Lincoln!

Residential  
Wardens



The Residential Warden Team is a diverse group of current postgraduate and undergraduate students. Our role is to work within Student Services to provide extra support and guidance to students living in the University of Lincoln's owned and managed accommodation, as part of the University's 24 hour support, available 7 days a week.

If you live in the University of Lincoln's owned and managed accommodation you will be able to read more information about the Residential Warden Team and how we can support you, in your Accommodation Handbook. If you live outside of University-owned and managed accommodation, keep reading to discover the range of support available to you, offered by the Student Services Teams.

As many of the Residential Wardens are international students, we wanted to make this booklet, to share what we have learned through our experience of adjusting to life in the UK.

We hope this booklet has information that will be helpful for you during your time at the University, and as you explore the UK.

All staff at the University want to make sure you have the best possible experience. If you have any questions or worries please speak to a member of staff who will be happy to help you.

If you would like to contact the Residential Warden Team please email us at [rw@lincoln.ac.uk](mailto:rw@lincoln.ac.uk) or refer to your Accommodation Handbook for further contact details.

## #InTheRightPlace



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# Student Services

Student  
Wellbeing  
Centre

## Student Wellbeing Centre

Offers support and advice with any mental health issues

**Location:** First Floor of Marina Building

**Phone:** 01522 88 6400

**Email:** [studentwellbeing@lincoln.ac.uk](mailto:studentwellbeing@lincoln.ac.uk)

Student  
Support  
Centre

## Student Support Centre

Is a central point of support and information for all students

**Location:** Ground Floor of Minerva Building

**Phone:** 01522 837080

**Email:** [studentsupport@lincoln.ac.uk](mailto:studentsupport@lincoln.ac.uk)

English  
Language  
Centre

## English Language Centre

Supports international students whose native language is not English to live and study in the UK

**Location:** Second Floor of Stephen Langton Building

**Phone:** 01522 88 6102

**Email:** [englishlanguage@lincoln.ac.uk](mailto:englishlanguage@lincoln.ac.uk)

Advice  
Service

## Advice Service

Offers confidential and legal advice to support students.

**Location:** Student Support Centre, Ground Floor of Minerva Building

**Drop-in:** Monday to Friday 12pm-2pm

**Phone:** 01522 83 7495

**Email:** [advice@lincoln.ac.uk](mailto:advice@lincoln.ac.uk)

## Student Services

### Here to Help.

Come and see us, give us a ring or drop us an email

### Opening Hours:

Monday	8.30am - 5pm
Tuesday	8.30am - 5pm
Wednesday	9.30am - 5pm
Thursday	8.30am - 5pm
Friday	8.30am - 4.30pm

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# Multi-Faith Chaplaincy

The Multi-Faith Chaplaincy is part of the University's Student Services Team.

The Chaplain is here to support you, no matter what your background or faith. The Chaplain will support you in your journey of faith, your practice of your faith, or your exploration of faith.

You can come and pray, meditate or talk things over with the Chaplain, regardless of your religion.

Coming to University can be a very important time in your spiritual life. For some, coming to University is an exciting step that helps you own your faith personally; for others, being separated from your faith community at home may be a very daunting prospect.



The Chaplain has strong connections with the local community and its communities of faith and can advise on local places of worship, student faith societies, and how your faith interacts with your academic life.

The service provides a multicultural and supportive environment, so whoever you are and wherever you are from, you will always be welcome.

For international students, the Chaplain offers a special welcome which includes a programme of visits to places of interest.



**Chaplaincy Location:** Witham House

**Email:** [chaplaincy@lincoln.ac.uk](mailto:chaplaincy@lincoln.ac.uk)

For more information on the services offered visit the **Chaplaincy website:**

[chaplaincy.lincoln.ac.uk](http://chaplaincy.lincoln.ac.uk)



# University of Lincoln

## Accommodation

The Accommodation Services Team supports students with any accommodation related queries in University-owned and managed accommodation.

### **Accommodation Services Location:**

Ground floor of Building B of Cygnet Wharf

**Phone:** 01522 88 6198/231

**Email:** [accommodation@lincoln.ac.uk](mailto:accommodation@lincoln.ac.uk)

If you do not live in University-owned or managed accommodation and you are having issues with your tenancy, you can speak to the Student Support Centre for advice and support.



University-owned and managed Accommodation includes a bed, wardrobe, a chest of drawers and a desk. It also has a chair and a bin.

Your bedroom does not come with any bedding, a duvet or pillows. If you are not able to bring these with you, these items can easily be purchased in shops close to campus. There is a list of shops later in this booklet.

The kitchen does not include kitchenware, so you will need your own plates, cutlery and cookware. You may wish to wait until you meet the people you will be living with before purchasing these, and then you can discuss sharing these items, which may save space in communal areas.

Most accommodation does not include a washing machine within the apartment (with the exception of Valentine Court). Instead, laundry facilities are in a separate part of the accommodation where you pay per use.

Laundry facilities are typically used with either a card that you add credit to online, or with coins.

Contact the Accommodation Services Team if you have any questions or want further information about University-owned and managed accommodation. The Accommodation Services Team also has many useful guides and blog posts on their website: <https://accommodation.lincoln.ac.uk>



# 5 Ways To Get Involved in University Life

## 1. Attend Residential Warden Events

Residential Wardens 

Check our Residential Warden Social media pages regularly, to see what events and activities we have planned. Our events are a great way to meet new people and try new fun activities.

## 2. Join a Student's Union (SU) Society



This is a student-led group based around a certain interest, activity, sport, University course, lifestyle choice, or many other topics. Societies can be a great way to meet new people and make new friends. To see all the Societies, you can join go to [www.lincolnsu.com/activities](http://www.lincolnsu.com/activities)

## 3. Attend special lectures, performances and presentations.

The University of Lincoln welcomes visiting lecturers, authors, theatre groups and comedy acts to give students special lectures, performances and presentations throughout the year.

Visit the University of Lincoln website regularly to find details of upcoming events: <https://www.lincoln.ac.uk/home/studentlife/whatson/events/studentlife>



## 4. Get a part-time job

Working for the University whilst studying can be a great way to meet new people and gain work experience. To find jobs in the University that are open to students go to the Campus Jobs website:

<https://uolcareers.co.uk/students-graduates/jobs-employment-options/campus-jobs/>

Alternatively, you can go to the Job Shop on campus, located next to the Library. You can also look for jobs within the Student's Union, by going to their website:

<https://lincolnsu.com/vacancies/student>

When working or volunteering, you will need to adhere to the working hours limit on your visa. If you are unsure about this or want more information, contact the Student Support Centre and an Advisor can answer any visa-related questions.

## 5. Volunteer for a charity

There is a volunteer section on the SU website that offers volunteering experiences within many different areas: <https://lincolnsu.com/volunteering/list>





**HI, I'M AMINA!**

## **YOUR VICE PRESIDENT INTERNATIONAL**

As your VP International, I am here to provide a voice for international students and ensure you are having the best possible experience. If you have any concerns or issues, I am able to support you and I'm always available for a chat, helping to make sure you transition smoothly into university life. Throughout the academic year, I will be organising many events and activities, so be sure to get involved!



### **ISA**

The ISA (International Students' Association) is a community of international students, here to represent students from over 100 different countries, raising issues which are affecting students & welcoming students into the community. As the VP International, I will be supporting the ISA with events & campaigns delivered across the year, making sure all international students settle into UK life. International students are automatically members of ISA, but please also join our Facebook group by searching "ULSU International Students' Association" on Facebook.t

### **ADVICE CENTRE**

Throughout your time here as a student in Lincoln, if you have any concerns or you're in need of support, you are able to seek advice from the SU Advice Centre. The SU Advice Centre has a team of trained advisors who can provide you with impartial & confidential support & representation on any academic, financial, housing or welfare issues.

### **SPORTS & SOCIETIES**

An important part of your university experience is making friends and being part of a community. There's no better way to meet like-minded people with similar interests than by joining a Sports team, Society or Academic Society. From Swimming to Cheerleading and Streetwear to City Pubs, there are over 150 groups to get involved with and something for everyone!

### **EMPLOYABILITY**

Want to develop your skills and make yourself more employable? Now is your chance!

At your Students' Union, there are many opportunities on offer, including voluntary and work experience roles, and also the chance to complete your Duke of Edinburgh Gold Award. Getting involved with employability opportunities ensures when your time at university is over, and you begin searching for jobs, you're in the best possible position.

### **CONTACT ME!**

As I mentioned above, I'm always available if you need to chat, have any worries or feedback on your student experience. Get in touch!

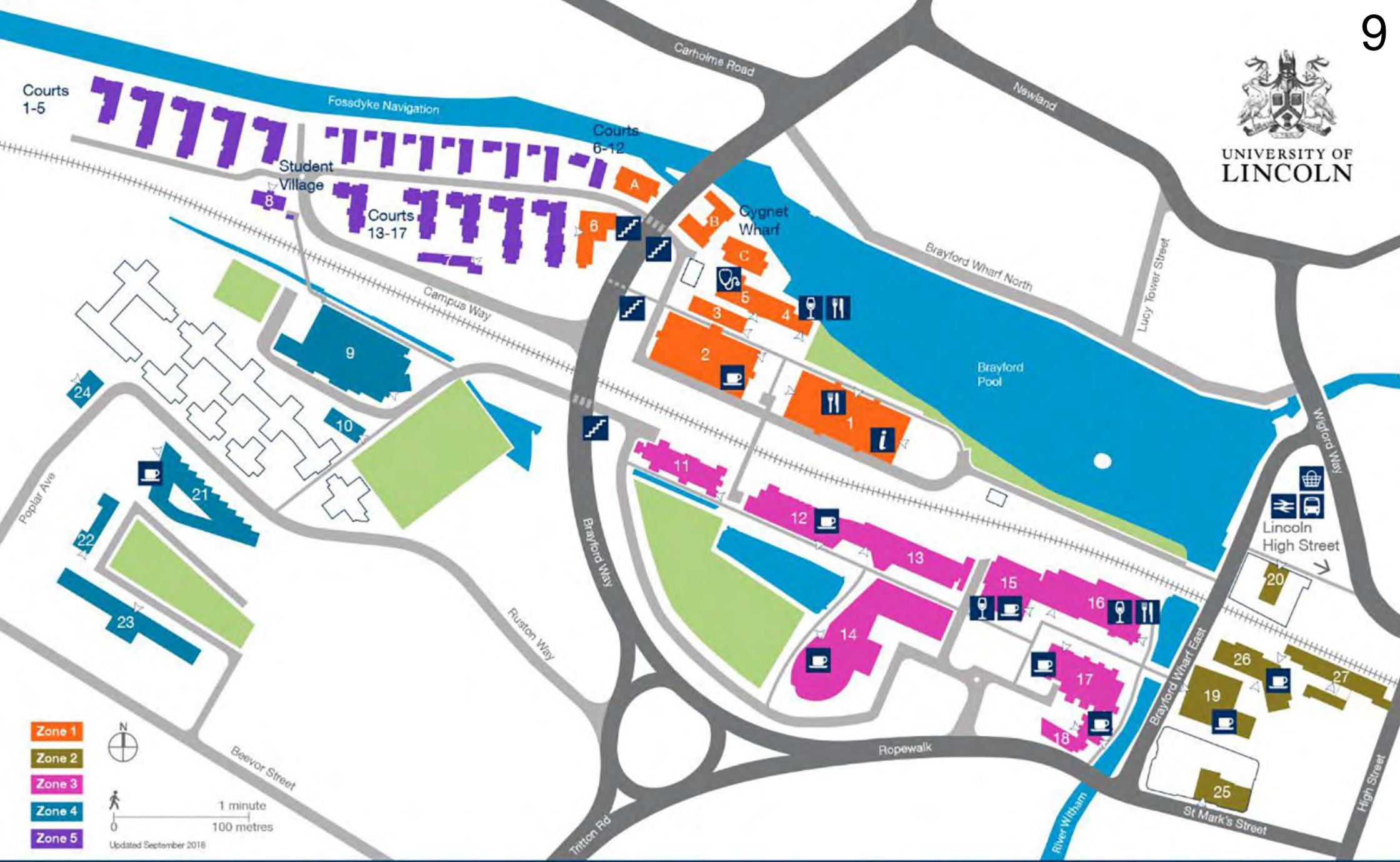
✉ [INTERNATIONAL@LINCOLNSU.COM](mailto:INTERNATIONAL@LINCOLNSU.COM)

📷 [@ULSUINTERNATIONAL](https://www.instagram.com/@ULSUINTERNATIONAL)

🐦 [@ULSU\\_INTER](https://www.twitter.com/@ULSU_INTER)



UNIVERSITY OF LINCOLN



**Zone 1**  
**Zone 2**  
**Zone 3**  
**Zone 4**  
**Zone 5**

N  
 1 minute  
 100 metres  
 Updated September 2018

1 (MB) Minerva Building	6 (BH) Bridge House	11 (JLC) Janet Lane-Claypon	17 (UL) Library	22 (MIH) Minster House
2 (ATB) Alfred Tennyson Building	7 (VH) Village Hall	12 (NDH) Nicola de la Haye	18 (--) Enterprise Building	23 (JBL) Joseph Banks Laboratories
3 (SLB) Stephen Langton Building	8 (OCW) One Campus Way	13 (PDW) Peter de Wint	19 (DCB) David Chiddick Building	24 (CSB) Charlotte Scott Building
4 (--) The Swan	9 (HP) Sports Centre	14 (INB) Isaac Newton Building	20 (WIW) Witham Wharf	25 (JUN) Junxion
5 (SS) Student Wellbeing Centre / Doctors' Health Service	10 (WH) Witham House	15 (PA) Lincoln Performing Arts Centre	21 (THT) Think Tank	26 (SSB) Sarah Swift Building
		16 (--) Students' Union	27 (HS) 179 High Street	

# WiFi

You can access free WiFi at these locations in Lincoln:

## ***Waterside Shopping Centre*** ***"The Cloud"***

**Location:** High St, Lincoln LN2 1AP  
Open Everyday 9am-5:30pm, Sunday  
1:30am-4:30pm

## ***McDonalds***

**Location:** Brayford Way, Lincoln LN6 7FS  
Open 24hours

## ***Waterstones Bookshop (Cafe W)***

**Location:** 297A High St, Lincoln LN2 1AF  
Open Everyday 8:30am-5:30pm, Sunday  
10:30am-4:30pm

## ***Cafe Nero***

**Location:** 292-293 High St, Lincoln LN2 1AL  
Open Everyday 7am-7pm Sunday,  
8:30am-6pm

There is also city-wide WiFi coverage provided by the Lincoln city council:

<https://www.visitlincoln.com/blog/connect-to-free-wifi-in-lincoln>

Contact IT or Accommodation Services in the Cygnet Wharf Reception for help logging into the University's Guest Wifi "UoL – Visitor" on campus.

Once you have completed enrolment you will be able to access the University's WiFi (eduroam) across the campus by logging in using your Student ID and password.



### ***For More Information or Guidance on Technology by the ICT Service***

**Location:** First Floor of Minerva Building

**Email:** ICT@lincoln.ac.uk

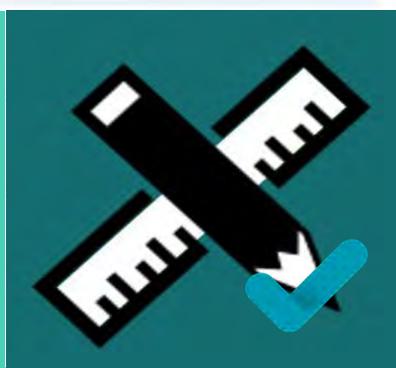
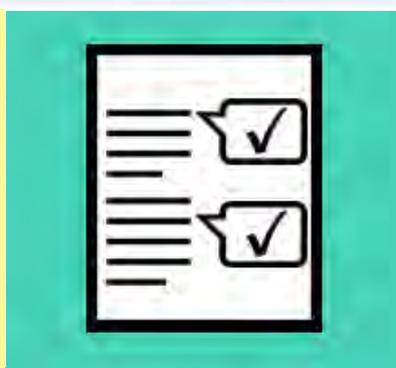
**Phone:** 01522 88 6500 (24/7 service)

**Website:** [ict.lincoln.ac.uk](http://ict.lincoln.ac.uk)



# 10 UK Academic Terms

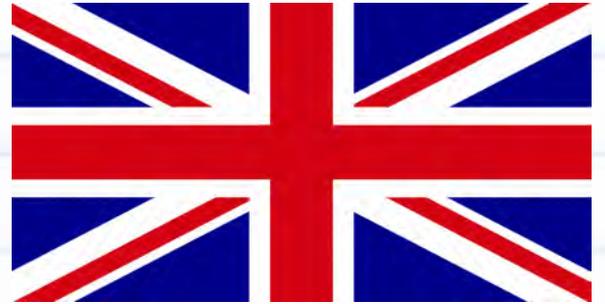
1. The word '*University*' is often shortened to the word '*Uni*'.
2. Professors are referred to as '*Lecturers*' or '*Tutors*'.
3. Each University course is separated into different sections called '*modules*'.
4. Modules are taught in the form of '*lectures*' and '*seminars*'.
5. A '*lecture*' is a lesson or a talk from a lecturer in front of a class.
6. A '*seminar*' is an interactive lesson or talk by a lecturer, in which small groups of student's complete tasks or work. Seminars allow you to apply what you have learnt in lectures, to solve a problem or question relating to your topic of study.
7. University grades in the UK are given as a '*First*', '*Upper Second Class*' (2:1), '*Lower Second Class*' (2:2) or a '*Third*' at the undergraduate level.
8. At Masters level grades in the UK are given as, '*Distinction*', '*Merit*', '*Pass*' or '*Fail*'.
9. The word '*Campus*' refers to the area that contains University buildings and facilities, such as lecture theatres and some accommodation sites.
10. The term '*contact hours*' refers to the number of hours that a student is expected to spend attending lectures, seminars and practicals.



# The United Kingdom

You may hear many different terms used to describe the United Kingdom. Below is a summary of what these terms mean:

**United Kingdom (UK):** Describes the sovereign state made up of four countries, England, Scotland, Wales and Northern Ireland.



Only the northern part of Ireland is part of the UK. The rest of the island of Ireland is an independent country, referred to as Ireland, or the Republic of Ireland. Scotland, Wales and Northern Ireland have their own local governments, called devolved administrations, but there is also a central UK government, based in England that makes some decisions affecting all countries. England is the largest country within the UK.

***"Scotland"***



***"England"***



***"Northern Ireland"***



***"Wales"***



**British Isles:** Describes the collection of Islands that exist within a specific geographic area. It is made up of Great Britain, Ireland, The Isle of Man, The Isles of Scilly, The Channel Islands (including Guernsey, Jersey, Sark and Alderney as well as, over 6,000 smaller islands.

Not all areas within the 'British Isles' are controlled by the Governments of Great Britain, such as the Republic of Ireland, which is a sovereign country that governs itself and is still a member of the European Union.

**Great Britain:** Refers to the largest island within the British Isles. This contains, England, Scotland and Wales.



# 5 Things to Know about Living in the UK

## Taps

Water in the UK is generally provided from two '**taps**', one is for cold water and one is for hot water. The taps might say on them which is hot and which is cold, or just use a C or H. Some taps use blue to indicate **cold** and red to indicate **hot**. The cold water is safe to drink unless there is a specific sign to say not to.



## Bins

In the UK, trash or waste is often called rubbish, rubbish is disposed of in the '**bin**'. There are different **bins** for different items. There is a separate **bin** for recyclable waste, so pay careful attention to which **bin** you put your waste in.

## Direction of travel

When driving in the UK, you must be in the '**left lane**'. Similarly, it is generally believed that you should walk or go upstairs on the **left** side and allow room for people walking faster to pass on your right side. This also allows people coming down stairs to pass on your right.



## National Health Service (NHS)

One of the most important actions to undertake when you move to the UK is to register with a local **General Practitioner** (GP) which is what Doctors can be called in the UK.

For most of the students attending the University of Lincoln, their closest doctor, would be the "University of Lincoln Health Service". This is situated on campus, next to the Wellbeing Centre. More Information can be found here: <https://www.ulhsonline.co.uk/>.

## Power Sockets

'**Power sockets**' in the UK are different from other countries. They use a **three-pronged plug**, so you may need to buy an adapter for your electronics to work in the UK. When you plug a device into the socket, it is not instantly on, instead, there is a switch, which turns the power on. When that switch is on it shows a red mark on the switch. The voltage supplied by UK plugs is **240V**. Make sure that this is compatible with your appliances before you use them.



# Measurements Used in the UK

The measurements used in the UK are officially **'metric'**, but **'imperial'** measurements are still commonly used in some instances.

Distances in the UK are generally given in terms of **'miles'**. So when traveling, distances to locations stated on road signs, are indicated in **'miles'**. Similarly, speed in the UK is commonly measured in **miles per hour (MPH)**, with speed limit signs on roads stating the maximum allowed speed in **miles per hour**.



## Imperial to Metric conversions:

1 inch = 2.5 centimetres

1 foot = 30 centimetres

1 mile = 1.6 kilometres

1 ounce = 28 grams

1 pound = 454 grams

1 pint = 0.6 litres

1 gallon = 4.6 litres

## Metric to Imperial conversions:

1 millimetre = 0.04 inch

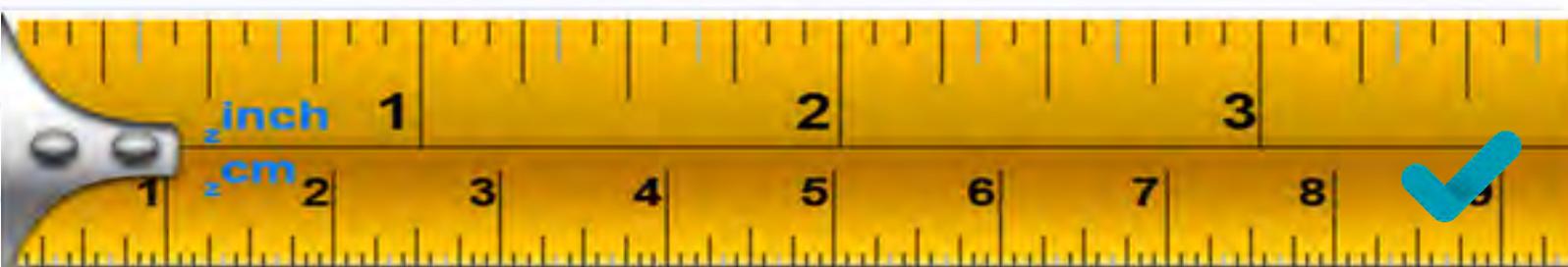
1 centimetre = 0.4 inch

1 metre = 3 feet 3 inches

1 kilometre = 0.6 mile

1 gram = 0.04 ounce

1 kilogram = 2.2 pounds



# 10 Examples of UK Slang

1. **"Shattered"** means very tired or upset

"He was absolutely **shattered** after losing his job" (*upset*)

"I'm not going out tonight, I'm **shattered**" (*very tired*)

2. **"Mate"** means a friend

"I'm going to go to the park with my **mate**"

3. **"Lads"** are a group of male friends

"I'm spending some time tonight with the **lads**"

4. **"Rubbish"** is trash or waste. It can also mean something that is not very good

"Put the **rubbish** in the bin please" (*trash*)

"This movie is **rubbish**" (*Not very good*)

5. **"Fancy"** means to want something. It can also mean to have romantic feelings towards someone, when used to describe a person.

"Do you **fancy** a drink?" (*something*)

"Lin **fancies** John" (*someone*)



6. **"Loo"** means toilet. **"Loo"** roll means toilet paper.

"Excuse me, I need to go to the **loo**"

"Could you buy some **loo** roll when you go to the shops?"

7. **"All Right?"** Is a question commonly used as a greeting from one person to another, meaning 'how are you?'

**"All right** mate?!"

8. **"Cheers"** is often used informally, instead of saying thank you, it is also used to say goodbye.

**"Cheers** for that" (*Thank you*)

"Talk to you tomorrow, **cheers!**" (*goodbye*)

9. **"Dodgy"** is a word to describe someone or something as suspicious or questionable.

"I wouldn't eat that, it looks a bit **dodgy**"

10. **"Quid"** is a slang commonly used to refer to the British Pound.

"I just bought this new book, it cost me 5 **quid!**"



# British Culture

## Apologising

The word "**sorry**" can be used in a variety of contexts. **Sorry** shows compassion, regret, apology or can also be used in a polite request, for example, if you want to get past somebody when walking.

"I felt **sorry** for the man walking in the rain" (*compassion*)

"He said he was **sorry** he had upset me" (*regret*)

"I'm **sorry!** I did not mean to wake you!" (*apology*)

"I'm **sorry**, can I pass you?" (*polite request*)



When used in a polite request, "**I'm sorry**" can also be replaced with "**excuse me**"



## Being Polite

In British culture '**manners**' (being polite) is considered to be very important. For example, by saying "**please**" and "**thank you**" appropriately.

**Please** is used before receiving something, for example, "can I have that **please**" or "**please** could I borrow a pen".

If you are being offered something, for example, "do you want me to send you my lecture notes?" it is common to say, "**yes please**" or even just "**please**".

**Thank you** is used when receiving something and can be shortened to "**thanks**".

Cheers can also be used to express thanks in an informal context. For example, when people exit a bus, they sometimes say "**Cheers**" to the bus driver.

## British Humour

British humour often involves sarcasm used in humorous ways. For example, if something expected happens, such as rain, a typically British response is "What a surprise, it is raining!". This is humorous, as it is not actually a surprise, as it commonly rains in Britain.



## Queuing

**Queuing** is strongly associated with British culture. An example is forming a line at a checkout and waiting to be served by a cashier. **Queuing** works on a first-come, first-served basis, meaning that people are served in the order that they arrived.



Not going to the back of the **queue**, or finding a way to enter the **queue** ahead of others who arrived before you, is referred to as '**skipping**' or '**cutting**' the **queue**. This is considered rude, if you are unsure if people are '**queuing**' for something, you can ask them, "Are you in the **queue**?"

## Tea

**Tea** is regarded as a typical British drink, commonly consumed whilst talking with others. The question "**Do you want to get a cup of tea?**" is usually an expression of wanting to talk with the other person.



## The Pub

Going to the **pub** is a typical activity to spend time with friends. Going to the **pub** does not mean that you have to drink alcohol, there are many non-alcoholic drinks served there. **Pubs** also usually serve food. You may hear the term "**Want to go for a pint?**" or "**Fancy a pint?**". This means "**Do you want to go to the pub?**"

A **pint** is a measurement of how much liquid is in a glass, typically referring to a **pint** of lager, beer or cider. If you do not want to drink alcohol, you can choose a non-alcoholic drink. Being asked to "**go for a pint**" means that the person asking wants to spend time together, it does not mean that you have to drink any specific type of drink or consume alcohol.

The **pub** is a popular place for students to go after lectures, or on weekends to socialise. The student **pub** on campus is the **Swan**, which can be found next door to the Student Wellbeing Centre.



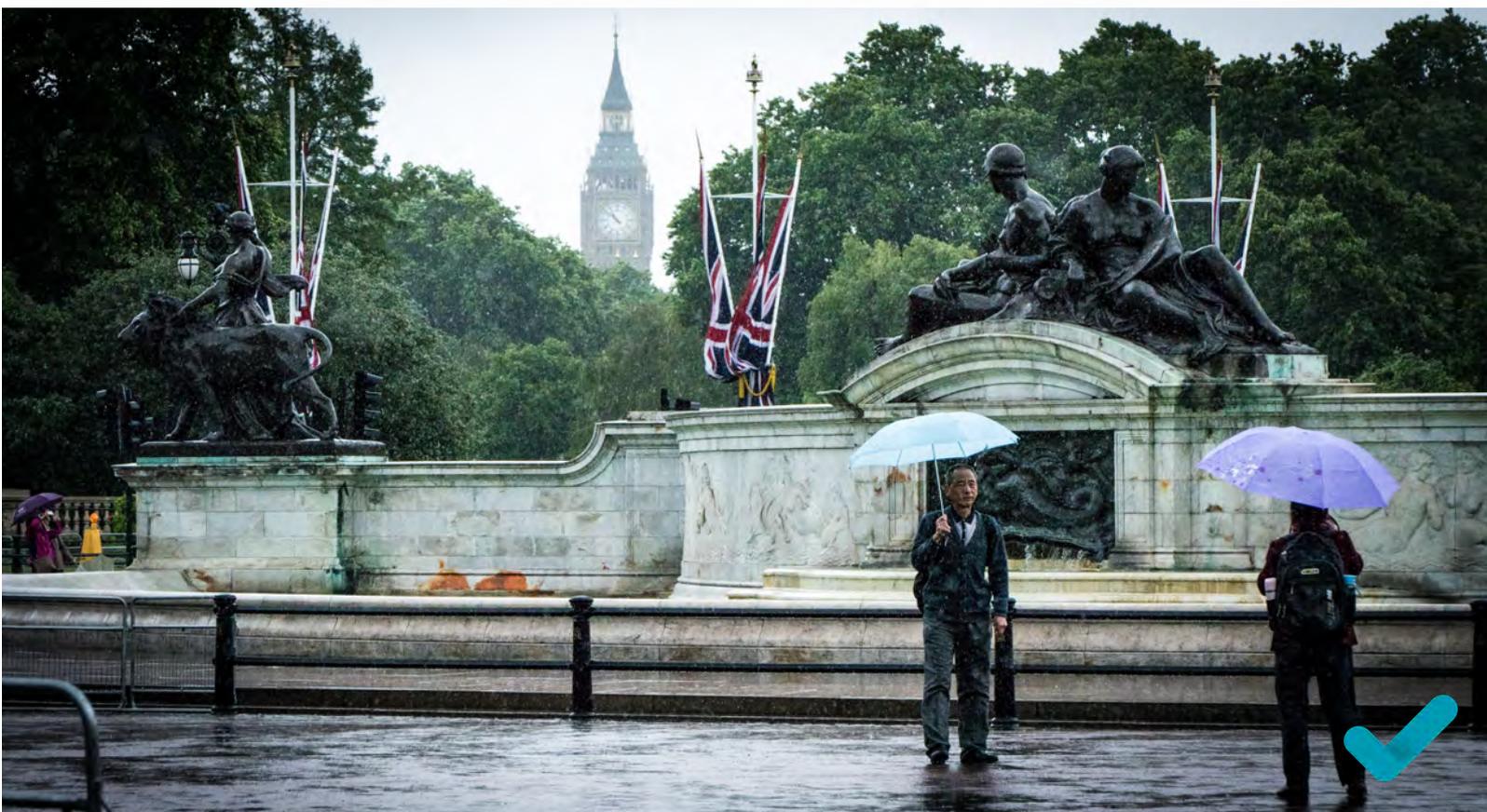
# Typical British Weather

The weather in the UK is considered unpredictable and varied, especially in the Spring and Autumn.

In Summer months (**June, July** and **August**) the average highest daily temperature is **21 degrees Celsius** (70 degrees Fahrenheit) and the daily lowest average temperature is **12 degrees Celsius** (53 degrees Fahrenheit).



In winter months (**December, January** and **February**) temperatures average a daily high of **7 degrees Celsius** (45 degrees Fahrenheit) and a daily low of **0 degrees Celsius** (32 degrees Fahrenheit).



# Activities in Lincoln

To make it easier to find the places described in this section, we have included their postcode. '**Postcodes**' in the UK are given to places or buildings and are used to identify them and make them easier to find, such as when searching for them on Google maps. A postcode is a combination of letters and numbers, for example, the postcode for the University is **LN6 7TS**. You can find directions to any of the below by searching for the name and postcode on any online map service.

## Escape Rooms

Escape Rooms are team games designed for 2-6 people. You will be locked in a room and given 60 minutes to escape. To do this you will solve a series of challenges. Solving a challenge unlocks the next puzzle and once all challenges are completed you will be able to escape the room. The cost is £20 each and themes for the rooms include, a prison break, a race for a throne and many more.

There are two escape room facilities in Lincoln; Sessions House (**LN2 5HQ**) and Vulcan Park (**LN5 8LG**). Each location has different themes. You are required to book in advance, in order for your group to participate in these activities, this can be done on their website: [escape-lincoln.co.uk](http://escape-lincoln.co.uk)

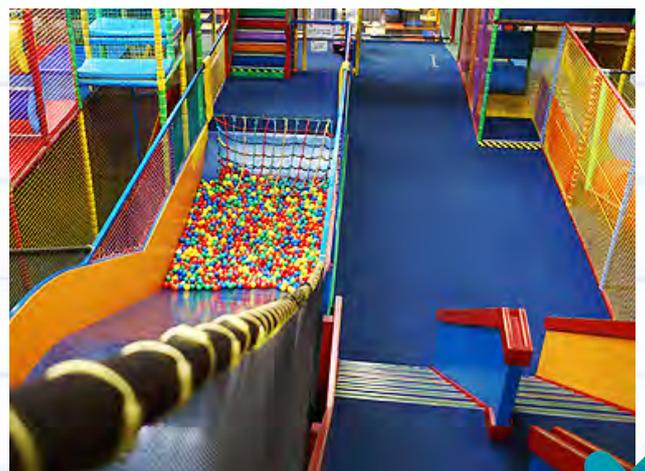


## Odeon Cinema LN1 1YS

Located on the Brayford, opposite the University campus, the Odeon cinema is where you can watch the latest movies. Prices of tickets may vary, but student tickets are available with a valid student I.D.

## Playzone Lincoln LN5 7XH

Playzone is an indoor activity centre, that is located near the Lincoln City football grounds. On Tuesday nights, they have Student nights where they are open 7 pm - 9 pm with an admission price of £6.50, or £6 with a valid student card.

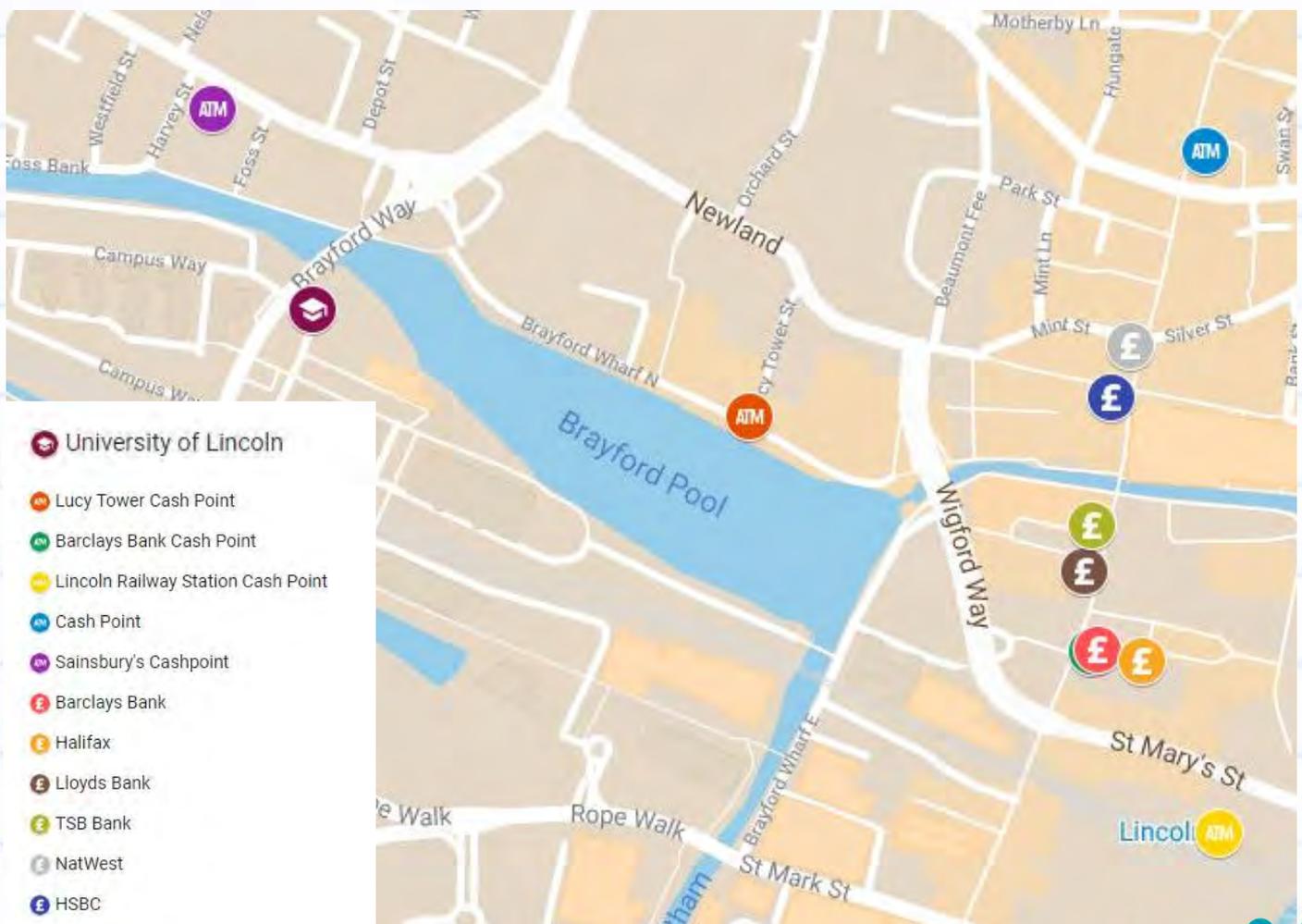


# Money

Many international students may order British currency, travel cards and traveller's cheques before coming to the UK, to cover their expenses. Money can be withdrawn from cards by using an automated teller machine (ATM). In the UK '**ATM's**' are sometimes referred to as '**cash points**'. ATM's can be located at various banks and shops, we have included some ATM locations on the map below.

You may also wish to consider opening a student bank account at one of the many banks in Lincoln. Student bank accounts are bank accounts that are designed for students. These accounts offer extra features that benefit students directly, such as interest-free overdrafts and the ability to pay money in and out without any restrictions or fees.

If you have problems related to money, or you are struggling to cover your expenses whilst at the University, the Student Support Centre provides financial advice to students, so may be able to assist you.



# Student Discounts

Being a student in the UK can entitle you to a range of discounts, saving you money on a variety of products and services. Below are just a few ways to save money as a student.



## **UNIDAYS**

A free discount app for students. All you need to sign up is your University email address (Student ID number@students.lincoln.ac.uk). Once registered, you have access to discount codes for popular brands and restaurants, which can be used instore or online.



## **Student Beans**

Is a free app that you sign up to using your university email address that provides special offers and discounts to students on a range of products and services.



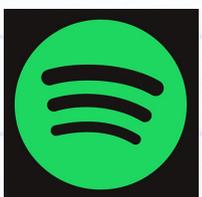
## **Save the Student**

A website that shares a variety of information to help students on a range of topics. No registration is needed: [savethestudent.org](http://savethestudent.org)



## **Amazon Prime Student**

Amazon Prime has many exclusive deals for students, including a 6 month free trial of amazon prime, followed by 50% off the monthly membership cost, after the trial ends. Amazon also offers students 10% off Textbooks: [www.amazon.co.uk](http://www.amazon.co.uk)



## **Spotify Student**

Spotify is a music service that enables you to create playlists from a large music catalogue. The premium version allows you to download the playlist for offline use. As a student, you can get 1 month free

Spotify premium and pay £4.99 per month for premium beyond that point:

[www.spotify.com/uk/student](http://www.spotify.com/uk/student)

*Your University of Lincoln student card can also get you money off your purchases in many shops. Before you pay for your items you can show your student card and ask whether the shop offers a student discount.*



# Supermarkets

There are many places to buy food in Lincoln, below is a list of some of the supermarkets close to campus where you can buy a wide variety of food.

## *Morrisons*

**Location:** Tritton Road, LN6 7QL  
0.8 mile walk from University  
Open Everyday 7am-11pm  
Sunday 10am-4pm

## *Tesco Superstore*

**Location:** Canwick Road Trading Estate, LN5 8HS  
1 mile walk from University  
Open Everyday 6am-12am  
Sunday 10am-4pm

## *Sainsbury's Local*

**Location:** 18A Carholme Road, LN1 1RR  
0.4 mile walk from University  
Open Everyday 7am-11pm

## *Golden Leaf Oriental Supermarket*

**Location:** 24 Portland Street, LN5 7JX  
0.6 mile walk from University  
Open Everyday 11am-6:30pm  
Sunday 11am-5pm

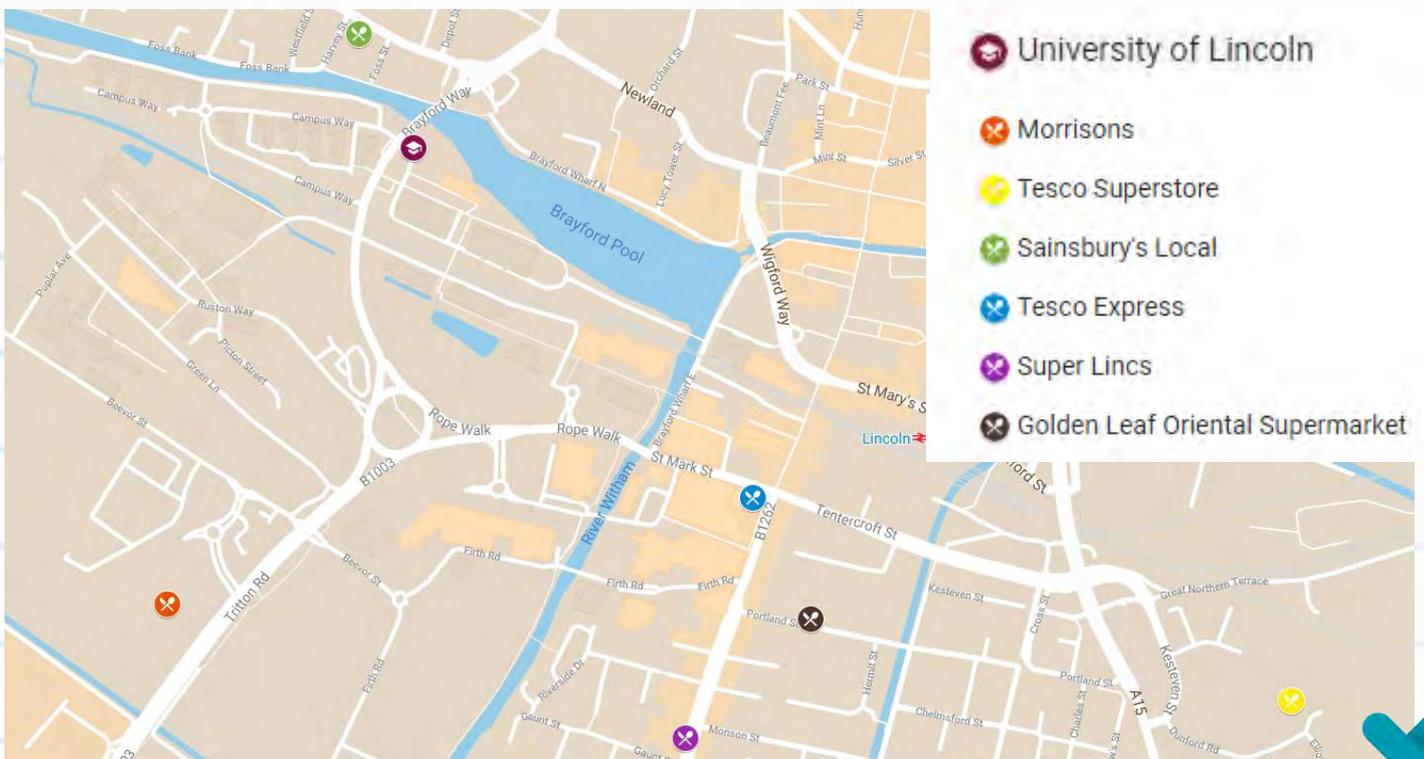
## *Super Lincs - International Supermarket*

**Location:** 116 High Street, LN5 7PR  
0.6 mile walk from University  
Open Everyday 9am-9pm  
Sunday 9am-8pm

## *Tesco Express*

**Location:** 158B High Street, LN5 7AA  
0.4 mile walk from University  
Open Everyday 6am-11pm

Morrisons offer a student membership. If you shop there, you will receive vouchers to give you money off future purchases. You need to sign up for this in-store and use your Morrisons membership each time you shop at the store.



# Other Food Stores



**Lidl:** Sells a range of fresh and frozen food items at discounted prices. Lidl also sells a small range of kitchen and homeware items.

**Location:** Dixon Street, LN6 7SA

**Farmfoods:** Offers a variety of frozen food items. Chilled food, bread, milk, fresh fruits, vegetables and household items such as toiletries and cleaning products are also sold here.

**Location:** Valentine Road, LN6 7BH



## Iceland

**Iceland:** Offers a variety of frozen food items, as well as a limited selection of chilled food.

**Location:** 334-337 High Street, LN5 7DQ

**Spar:** A small grocery store that sells a limited range of food items.

**Location:** 1, The Junxion, Brayford Wharf, LN6 7BG



## home bargains

**Home Bargains:** Sells a range of food, kitchen and bathroom items, as well as beauty products and items to decorate your room at discounted prices.

**Location:** Tritton Road, LN6 7AN

**B&M Bargains:** Sells a range of items at a low price, including food, kitchen and bathroom items, beauty products and items to decorate your room.

**Location:** Tritton road, LN7 6AN



In the UK, you have to pay for plastic bags to carry your items in, this can cost from 2p to 10p per bag. Bring your own bags to save money.



# 20 UK Food and Drink Meanings

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- 1) **Chips** in the UK are the same as what some countries call **fries**.
- 2) A **pasty** is vegetables and / or meat cooked in pastry.
- 3) **Crisps** are what some countries call **chips**, as in a bag of potato chips, is called a bag of crisps in the UK.
- 4) A **Toasty** is a grilled cheese or toasted sandwich.
- 5) **Courgette** is the UK name for what some countries call a **Zucchini**.
- 6) **Aubergine** in the UK is what some countries call an **Eggplant**.
- 7) A traditional English meal is a **Roast Dinner**. This consists of Roasted meat, normally beef, lamb or chicken along with roasted vegetables and served with gravy and Yorkshire puddings. The roast dinner is usually served on a Sunday.
- 8) **Gravy** is a sauce that is usually made from the thickened and seasoned juices of cooked meat.
- 9) **Yorkshire Pudding** is a baked pudding made from eggs, flour and milk.
- 10) **Fish and Chips** refers to fish cooked in batter served with chips. Batter is made of flour, salt and water, or beer, used to create a crispy outer coating on fish.



- 11) The meal **Toad in the Hole** is a sausage cooked in pastry.
- 12) **Pigs in Blankets** are sausages wrapped in bacon.
- 13) **Shepherd's Pie** is lamb mince in gravy with mashed potato on top.
- 14) **Cottage Pie** is beef mince in gravy with mashed potato on top.
- 15) A **Crumble** refers to fruit topped with crushed biscuit.
- 16) A **Scotch Egg** is a hard-boiled egg, covered in sausage meat with breadcrumbs on the outside.
- 17) A **sandwich** can be referred to by many different names in the UK, for example, a **bap, cob, bread cake, bread bun, bun, roll** or many other descriptions, depending on the local slang of the area.
- 18) **Fizzy drinks** are carbonated drinks, one example is Coca-cola. These are also sometimes referred to as soft drinks in the UK.
- 19) **Tap water** is water that comes from the tap. In the UK generally tap water is safe to drink. Unless there is a sign by the tap that says it is not drinking water. There is no need to buy bottled water unless you prefer the taste.
- 20) **English breakfast** is a meal that normally includes one or two eggs, either fried, poached or scrambled, with a side of buttered toasted bread, pork sausages, bacon, tomato and beans.



# UK Mealtimes

In the UK it is typical to eat 3 meals a day, breakfast, lunch and dinner. Food eaten between meals, such as a chocolate bar, is called a **'snack'**.

## Breakfast

Generally takes place between 6:30am and 11am.

Typical breakfast foods in the UK include cereal, toast, porridge, or fried foods such as eggs and bacon. Breakfast foods are often accompanied by a cup of tea, coffee or orange juice.



## Lunch

Generally takes place between 12pm and 3pm.

This period of time is sometimes called **'lunchtime'** as it is the time in which people usually have their lunch and may take a break from work or study in order to eat.



Lunch is generally considered to be a **'light meal'**, meaning something that is eaten in a hurry and is not too filling. Portion sizes are often small.



Some examples of common foods consumed in the UK for lunch are sandwiches, wraps, salad, pasta or soup.



## Dinner

Usually takes place between 5pm and 8pm.

This period of time is often referred to as **'dinner time'** as this is when people usually eat their dinner.

In some parts of the UK, the meal **'dinner'** is called **'tea'** and the time at which tea is eaten is called **'teatime'**. Not to be confused with the drink tea.

You may hear someone say, "**What are we having for tea?**" meaning what food will we eat for the evening meal.

In some parts of the UK, the word **'dinner'** is used instead of **'lunch'**.

If you are unsure which meal someone is referring to, you can ask them "are you talking about the evening meal?"

Dinner is generally the largest meal of the day, with bigger portion sizes than meals had at lunch. Typical foods eaten for dinner are, pizzas, burgers, fish, or any type of meat accompanied by chips, rice, salad, vegetables or pasta.



# Restaurants

## **Brayford Wharf North**

Lincoln's Brayford Waterfront offers a wide range of eating venues, including many local branches of popular national chains:

### **Thai Marina**

#### **Thai Restaurant**

Open Everyday 12pm-2:30pm,  
5pm- 10:30pm

### **China Hong**

#### **Chinese Restaurant**

Open Everyday: 11am-10:30pm

### **Wagamama**

#### **Japanese Restaurant**

Open Everyday 12pm-10pm

### **Samba Brazil**

#### **Brazilian Restaurant**

Open Everyday 12am-3pm, Weekdays  
5.30pm-9.30pm

### **Nandos**

#### **Portuguese Chicken**

Open Everyday 12pm-9pm

**Zizzi, Prezzo & Ask Italian** are all Italian restaurants located within close proximity along the waterfront. All Open Everyday 11.30am-10.30pm

The opening times provided may be subject to change. It is advisable to check for up to date opening times on each individual restaurant's website, or call in advance to confirm opening times.

### **Tower Bar**

Students' Union Bar with Food and Drinks

**Location:** Inside the Engine Shed - next to the reception

Open Everyday from 10:30am-12am

### **The Swan**

Students' Union Restaurant/Bar with Food and Drinks

**Location:** Next to the Minerva Building and Media Building - opposite the Arts Bridge

Open Everyday from 11am-12am



If you eat in a restaurant, it is normal in the UK to look at the menu and your order will be taken by the waiter or waitress. You will pay when you finish your meal.



# Authentic International Food in Lincoln

Many independently run restaurants in Lincoln specialise in cooking foods from other cultures. Below are some examples of restaurants where you can sample authentic foods from other cultures outside of the UK.

## ***La Trattoria Da Vincenzo***

**Type of Food:** Italian

**Location:** 14 West Parade



## ***Ole Ole***

**Type of Food:** Spanish

**Location:** The Lawn, 3 Ingleman Place, Union Road



## ***Castle View Indian Cuisine***

**Type of Food:** Indian

**Location:** 11 Union Road



## ***Ocean Palace***

**Type of Food:** Chinese, Seafood

**Location:** 121 High Street



## ***Thailand No1***

**Type of Food:** Thai

**Location:** 80-81 Bailgate



## ***Greek2Me***

**Type of Food:** Greek

**Location:** 10 The Landings



In the UK tipping within a restaurant is optional. If you do wish to tip, it is customary to tip 10% of the bill. Some restaurants may also add a service charge of 12.5% when serving a large group, which will appear on the bill.



# Cafés

There are many independently run cafes in Lincoln, below are just a small selection that are located close to the Brayford campus.

## **Coffee Cats Lincoln LN2 1EH**

Located in the centre of Lincoln, on Silver Street. Coffee Cats is a Cafe that houses 8 cats that have been adopted from an animal shelter. A range of food and drink is served, and customers can interact and watch the cats that live there.



You can either walk in, if the sign outside says there is room, or book in advance via their website: [coffecatlincoln.co.uk](http://coffecatlincoln.co.uk)



# Other Food Outlets in Lincoln

## **Red Panda Gaming Café LN2 1HW**

Located on the High Street, the Red Panda Gaming Café has over 200 games available to play.

The Cafe serves hot and cold drinks, as well as cakes and other food.

You can either walk in and find a table to sit at, if there is room available, or book a table and games in advance on their website:

[redpandagamingcafe.co.uk](http://redpandagamingcafe.co.uk)



## **The Swan LN1 1RD**

The Swan is located on campus, next to the Student Wellbeing Centre.

The Swan has a quiz every Sunday at 8pm, with a 50p entry fee. This can be a popular event, so it's best to arrive there early to find a table.

Between 12 pm to 6 pm every Saturday and Sunday, The Swan has free pool.

Pool is a game that is played on a table with six 'pockets' in which different coloured or patterned balls are deposited by hitting them with a long wooden stick. The main aim of pool is to pocket all balls of your designated colour, and then end the game by potting the 8-Ball (the black ball).

## **Tower Bar LN5 7AT**

The Tower Bar is located opposite the University Library.

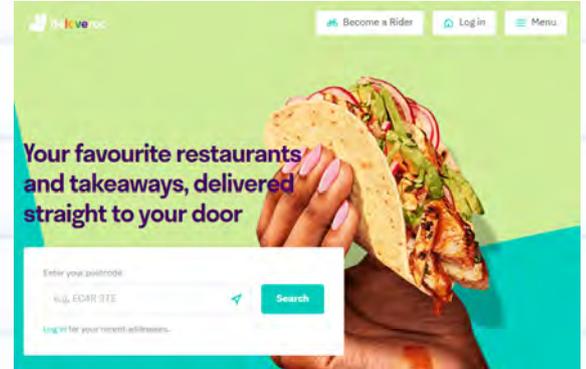
Every Thursday, there is a '**Quiz**'. Entry costs £1. This can be a popular event so it's best to get there early to find a table.



# Take Away

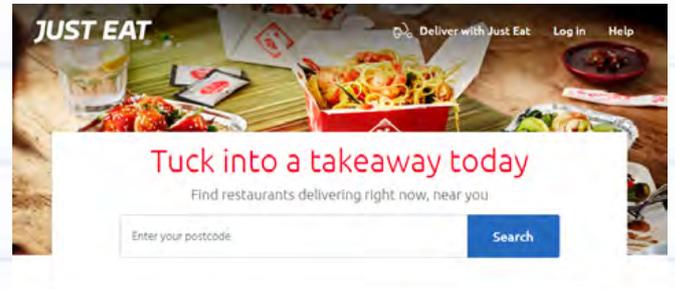
If you don't feel like going out for food, or if it is too late at night, you can order food online, on your mobile phone or computer.

If you live within University-owned and managed accommodation and are unsure of your address, then check with the Accommodation Services Team before ordering. Their phone number will be in your Accommodation Handbook.



## Deliveroo ([deliveroo.co.uk](https://deliveroo.co.uk))

Delivers food from various restaurants in your area straight to your door.



## Domino's

[www.dominos.co.uk](https://www.dominos.co.uk) Order online for piping hot pizza delivered to your door



## Just Eat

[www.just-eat.co.uk](https://www.just-eat.co.uk) Order from local restaurants and takeaways online



# Student Orders



▼  
Order food & drink  
from your SU venues.

▼  
For delivery  
or collection.



**Download now**



# Shops

There are multiple shopping areas close to the University campus. including the Waterside Shopping Centre, St Marks and the High Street. Below is a list of some of the useful shops in these areas.

## Health and Beauty

For any health or beauty related items visit:

### **Boots:**

**Location:** 311-312 High St, Lincoln LN5 7AL

Open Everyday 8:30am-6pm, Sunday  
10:30am-4:30pm

### **Superdrug:**

**Location:** Ground Floor of Waterside Shopping Centre

Open Everyday 9am-5:30pm, Sunday  
10:30am-4:30pm.

Other health and beauty stores include the **Body Shop** (inside the Waterside Shopping Centre) and **Lush** (In the Cornhill).

## Home and Living

If you require any household items one popular store to visit is **Wilko**

**Location:** Waterside South, LN5 7EU Open  
Everyday 8am-6pm, Sunday  
10:30-4:30pm

## Phone Shops:

*Where you can purchase a phone or UK Sim Card*

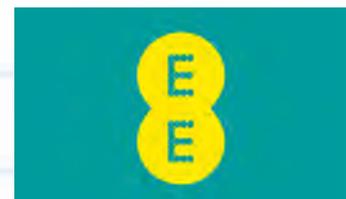
EE

O2

Three

Vodaphone

Stormfront (Apple Store)



## Fashion and Footwear

For any fashion, footwear or clothing accessories there are multiple shops in the Waterside Shopping Centre, St Marks Shopping Centre and on the High Street including **New Look, Next, Primark, Office, M&S** and **Debenhams**

## Books and Stationary

### **WHSmiths**

**Location:** The Cornhill, Lincoln LN5 7HE  
Open Everyday from 8:30am to 5:30pm,  
Sunday 10:30am-4pm

Other shops to purchase books and stationary include **Waterstones** or **Paperchase** which are both located on the High Street.

## Average Opening Times

**9:00am- 5:30pm, Sunday**

**10:30am-4pm**



# Post

In the UK, '**post**' refers to what some countries call '**mail**', the delivery of letters or parcels. The main delivery service used in the UK for letters and small parcels is Royal Mail. You can send letters and parcels using Royal Mail by visiting a Post Office. You can also send letters by depositing them in a Postbox, however, you will need to ensure that you have attached the correct value of stamps to the front of the letter.

## **Co-Op Post Office**

**Location:** Lincoln Co-operative, City Square Centre, Sincil St, LN5 7EJ

Open Monday to Friday 9am- 5:30pm.  
Saturday 9am-2:30pm

## **Bailgate Post Office**

**Location:** 90 Bailgate, Lincoln, LN1 3AR

Open Monday to Saturday, 9am - 5pm



There are also small post offices located inside some other shops, such as within Morrisons, where you can send small parcels and letters.

If you are not available to receive a parcel delivered to you by Royal Mail and you do not live in a building with a reception to receive a parcel on your behalf, your parcel will go to the Royal Mail delivery office.

You will receive a card notifying you that you have missed the delivery of a parcel and you will need to take this card to the delivery office, along with photographic identification, to collect your parcel. Alternatively you can follow the instructions on the card to arrange for redelivery.

## **Royal Mail Delivery Office**

**Location:** Firth Road, Lincoln, LN5 7NU  
Open Monday, Tuesday, Thursday, Friday and Saturday from 7am - 11am



When receiving packages from any country outside of the UK, there may be customs charges. You may wish to look at the government website for more information, if anyone from outside the UK is likely to send you a parcel:  
<https://www.gov.uk/goods-sent-from-abroad>



# Exercise

There are several gyms in Lincoln located close to the University. Many gyms in the city offer a student discount. When joining a gym you should ask them whether they offer a discount to students, to save money on your gym membership.

One popular gym among students within Lincoln is Pure Gym. This is the closest gym off-campus and is located just opposite the Junxion.

Most gyms have a 'peak' and 'off-peak' membership. This refers to the times in which you can use the gym. 'Peak' refers to the gyms busiest times. You should check which times you can use the gym when purchasing your membership.



The University of Lincoln has its own gym located within the Sports Centre on campus, pictured below. This gym offers classes, workout groups and sports teams that you can join.



# Walking

There are many beautiful places in Lincoln, to enjoy a peaceful walk or explore with your friends.

## **West Common: LN1 1QT**

A large grassy area with a view of Lincoln Cathedral. It also contains tennis courts and football pitches. Horses are often kept in the West Common, which can be seen wondering around the common as you walk.



## **South Common: LN5 8ER**

South Common is located past the Lincoln City football grounds and is a popular grassy park in Lincoln.



## **Arboretum: LN2 5RT**

The Arboretum is a park of historical importance, designed by Edward Milne, one of the most celebrated Victorian gardeners.

## **Boultham Park: LN6 7SW**

Boultham Park contains woodland, a lake and a variety of wildlife and nature. There is also a café which serves a variety of meals, drinks and snacks.



# Hairdressers and Barbers

When you want to get your hair cut or change your hairstyle, you can go to a hairdresser or a barber.

The difference between a hairdresser and a barber is that a barber works with men's hair, with shorter hairstyles and styling facial hair. Whereas a hairdresser works with both men and women's hair, typically focusing on women's hair and longer hairstyles.



Below are just a few examples of hairdressers and barbers in the city:



## ***Mark Jeffs Hair and Beauty Studios***

Cobb Hall, St Paul's Lane, Bailgate LN1 3AX

## ***Demon Barber***

333 High Street, Lincoln LN5 7DQ

## ***Mr Brown's Barbershop***

165 High Street, Lincoln LN5 7AF

## ***Eskape Hairdressing***

22 Saltergate, Lincoln LN2 1DH

## ***Samuel White Hairdressing***

313 High Street, Lincoln LN5 7DR

## ***Sincil Salon***

27 Sincil Street, Lincoln LN5 7ET



# 5 Places to Explore Whilst living in Lincoln

Studying in Lincoln is a great opportunity to travel around and explore more of the UK. Below is a list of 5 places that you can visit and return to Lincoln within just one day.

1. **London:** The capital of the UK has some iconic landmarks to explore, such as Parliament or Buckingham Palace. You can also explore different parts (called boroughs) which each have their own distinct atmospheres such as Camden or Notting Hill.
2. **York:** One of the oldest cities in the UK and is famous for its Roman and Viking origins, as well as its cathedral and cobbled streets.
3. **Nottingham:** Known for its variety of museums, such as The Nottingham Castle and Arts Gallery, the National Justice Museum and the Haunted Museum. You can also see a play at the Theatre Royal. Additionally, Nottingham has many shops, restaurants and bars.
4. **Sheffield:** Has a wide variety of shops in the City Centre, as well as museums, such as the Millennium Galleries. The Meadowhall Shopping Centre, located in Sheffield, is one of the largest shopping centres in the UK.
5. **Skegness:** A seaside town and one of the most popular beach destinations in Lincolnshire. There are local attractions such as the Fantasy Island theme park or the Skegness Aquarium.



# Apps and Social Media Used by Students in the UK



## **Facebook**

Facebook is used to share photos with friends and to keep friends updated with the events happening in your life.

Facebook is also used by groups, companies and organisations, such as the University of Lincoln and many groups and organisations within the University, to share information or to advertise events.

Facebook groups exist for many areas of interest, such as accommodation groups for University-owned and managed accommodation.

When joining a Students Union society, you may be invited to join the Facebook group for that society. This will allow you to talk to people within that society and see upcoming events.

Facebook also includes a messenger function which allows you to talk privately to one or more people who also have Facebook profiles.



## **Twitter**

Many individuals use Twitter to express their thoughts and opinions. University departments and companies will also use twitter to '**tweet**' information to their followers.



## **Instagram**

Instagram is a photograph-based social media platform. Each post is a photograph, which is seen by your '**followers**'. You can also post videos on your page. You can add "stories" which are photos that your followers see for a few seconds, and they remain on your profile

for 24 hours then automatically disappear. Like Twitter, many departments within the university have Instagram accounts, as well as the Student Union Vice Presidents and many societies.

When using social media such as Facebook, Twitter or Instagram you may see a hashtag. These are used to link individual posts to wider themes, brands or ideas. The **Residential Warden** hashtag is **#InTheRightPlace**. You can search for hashtags to find related content.



## ***Snapchat***



Snapchat is a messenger app, commonly used by students for informal conversation, through picture and video messages. These pictures and videos are only seen by the receiver for a few seconds before they disappear.

You can add special filters, stickers and emojis to your pictures and videos, to make them more interesting. You can also post '**Snapchat stories**' which can be seen by all of the people you have added on snapchat. Snapchat stories are only available for a few seconds and after 24 hours they automatically disappear.

## ***WhatsApp***



WhatsApp is very similar to SMS text messaging, as it uses your phone number to communicate with other people. Messages sent using WhatsApp are sent using Wi-Fi or a phone's internet data. As messages sent using Wi-Fi are free, this is a popular messaging app

## ***Google Maps***



If you are unsure how to get around Lincoln, or any city in the UK, you can use Google maps. There are many shops or cafes that offer free Wi-Fi that you can connect to, and then you will be able to

search for directions to your desired destination.

## ***Official University Social Media profiles you should follow***

### ***Twitter:***

**University of Lincoln (UoL)**

@unilincoln

**UoL Student Support Centre**

@UniLincSupport

**UoL Student Wellbeing**

@UniofLincolnSWC

**UoL Accommodation**

@UoLAccomm

**UoL Student Union**

@lincolnSU

**UoL Library**

@GCWLibrary

**UoL Residential Wardens**

@UoLRW

### ***Instagram:***

**University of Lincoln (UoL)**

@unilincoln

**UoL Student Support Centre**

@uolstudentservices

**UoL Student Wellbeing**

@uolstudentwellbeing

**UoL Accommodation**

@unilincolnaccommodation

**UoL Student Union**

@unilincolnsu

**UoL Library**

@uollibrary

**UoL Residential Wardens**

@uolrw



# Getting Around Lincoln

Most places in Lincoln are within walking distance, however you can also travel around Lincoln and surrounding areas by public transport.

## Bus Travel

The bus station is located opposite the train station. You can catch a bus to many different places in Lincolnshire and even other parts of the UK. Generally, you pay for a ticket when you get on to the bus, however, you can also purchase tickets online. If you are unsure about which bus you need to board, there is an information desk in the bus station, where a member of staff can answer your questions.



## Taxi

There are several taxi companies operating in Lincoln, such as Handsome Cabs: **01522 545352** or Direct Cars: **01522 567567**. When you call a taxi, give the address that you want to go to, the address of where you are currently and your name. You pay for the taxi once you've arrived at your destination. It is advised that you book a taxi in advance on busy nights, like Friday or Saturday nights. Uber is NOT available in Lincoln but, is in other UK cities.

## Stagecoach App

Downloading the Stagecoach app allows you to search for buses that take you directly to, or near your desired destination. The app allows you to locate bus stops close to your current location that are on route to your desired destination. The app allows you to track the location of buses and gives you estimated times of arrival to the bus stop you are waiting at. Whilst on the bus you can also monitor the bus' location and the app will tell you when to exit the bus. You can also buy tickets online, using the app, which is available on both Google Play and the App Store.





### **Lincoln Train Station: LN5 7EU**

You can travel by train to many destinations in the UK. In the train station, there are machines which you can use to buy tickets. Alternatively you can purchase tickets from the **'Ticket Office'** which will be a window within the train station with a member of staff behind it, who can assist you.

Download the Trainline app to look at train routes, times and to book tickets. You may also be eligible to get a national railcard, that will reduce the price of tickets you purchase. You can find more information about this at [www.nationalrail.co.uk](http://www.nationalrail.co.uk)

If you use the Trainline app, you can have your tickets accessible within the app, or you can choose to print them out. The mobile ticket will have a barcode, which you scan at the barriers of the train station, or you can show your ticket information to the ticket inspector. You will need to 'activate' your ticket within the app, on the day of travel, for it to be valid.

You will need to show your train ticket, and rail card, if you used one when purchasing the ticket, to the train conductor, so keep your ticket and card available, or have the app that has your rail card and ticket downloaded, on the phone with which you are traveling.

## **Staying Safe**

Stay safe around Lincoln by following these guidelines:

- Don't carry around more money than you may need
- Don't walk around with money or expensive items on show more than necessary
- Plan trips with friends to avoid walking alone at night
- Don't give your bank details to anyone over the phone, even if they claim to be from the Home Office or the Police  
([adviceservice.lincoln.ac.uk/scams/](http://adviceservice.lincoln.ac.uk/scams/))



# If you are sick...

As a University Student, you are entitled to free medical care from the National Health Service (NHS). The NHS is the UK's state-run health service which provides treatment for UK nationals and citizens from other countries who qualify for free health care. The NHS healthcare service includes; General Practitioners (Doctors), Dentists, Opticians and Pharmaceutical services as well as hospital services.

## **Call 111**

If you are sick you can call the NHS 24 hour phone service, which provides urgent health advice over the telephone.

## **Pharmacy**

They can offer clinical advice and over-the-counter medicines for a range of minor illnesses, such as coughs, colds, sore throats, tummy trouble and aches and pains. Pharmacists have training to make sure you get the help you need. For example, they will tell you if you need to see a GP.

### **Boots Pharmacy**

**Location:** 196-199 High Street, LN5  
7AL Open Everyday 8:30am-6pm,  
Sunday 10:30-4:30

### **Lincolnshire Co-op Pharmacy**

**Location:** 34 Newland, LN1 1XP Open  
Monday-Friday 8:30am - 6:30pm

## **You should register with your local General Practitioner (GP) as soon as possible.**

GP's are the first point of contact for most patients.

The GP practice on the University campus is located within the Marina Building Lincoln LN1 1RD (next to the Student Wellbeing Centre) Open Everyday 07:30 - 18:30, Thursday 07:30 - 20:00 Weekend closed



# Emergency Contacts

Whilst on the University of Lincoln campus, if there is an emergency, you can contact Campus Security at any time: 01522 66 6062

University of Lincoln  
Brayford Way  
Brayford Pool  
Lincoln  
LN6 7TS

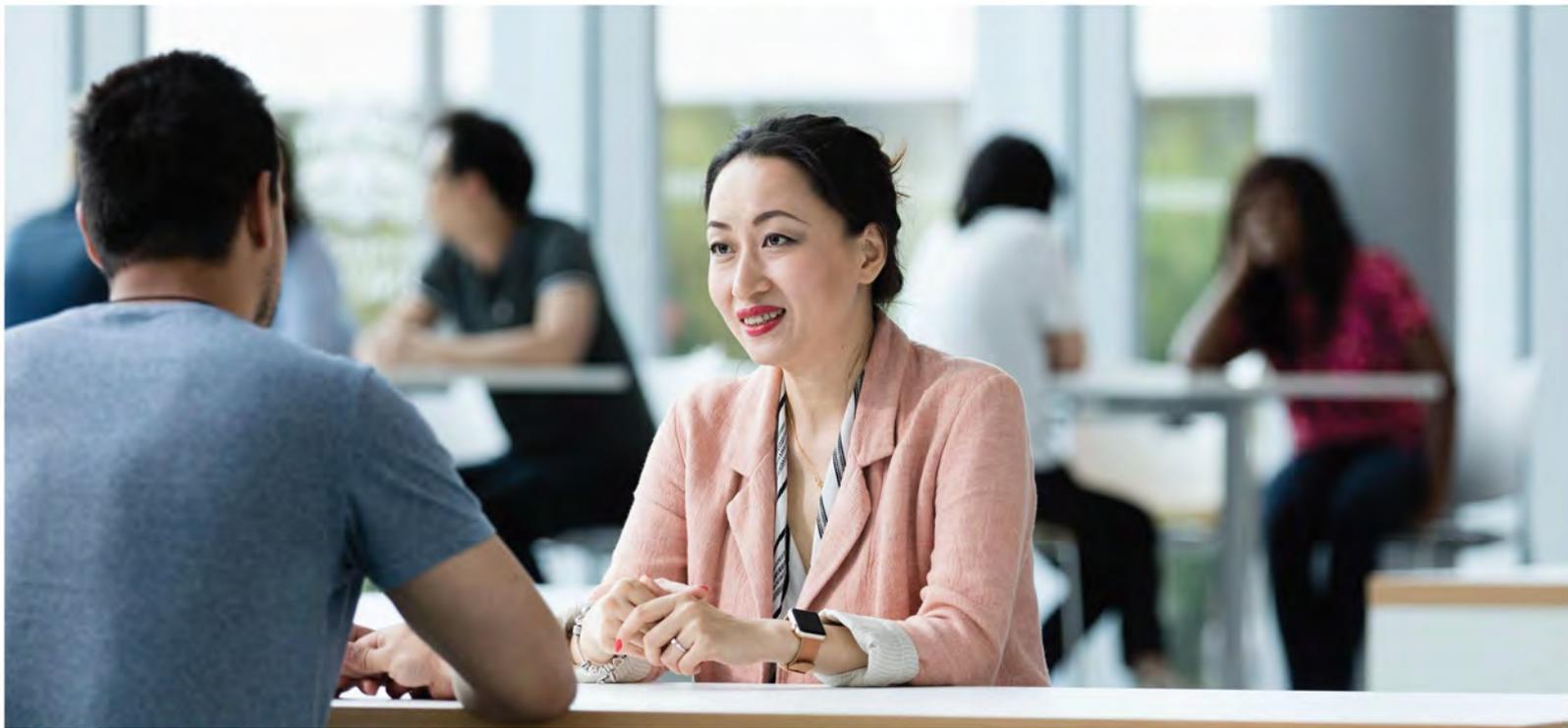
UK Emergency Services: 999

UK Police Non-Emergency: 101

Lincoln County  
Hospital Accident  
and Emergency  
Greetwell Road  
Lincoln  
LN2 5QY

UK Medical Non-Emergency: 111





Student Support Centre

Residential Wardens 